2011

Sandusky County
Disaster Preparedness Report
Sandusky County Disaster Preparedness Report

Table of Contents

Methods .................................................. Page 1
Communication .......................................... Page 2
Knowledge & Utilization ............................. Pages 3-4
Hazards .................................................... Pages 5-6
Survey Demographics ................................. Page 7
Sources ..................................................... Page 8

Acknowledgments

Commissioned by: Sandusky County Health Department
Dave Pollick, MA and Ed., Health Commissioner
Deb Agee, RN, BSN, Epidemiologist and Emergency Response Coordinator
Mary Dennis, MPH, RS, CHES, Director of Environmental Health
Bethany Brown, RN, BSN, Director of Nursing
Rebecca Holland, Director of Health Planning and Education

Funding Provided by: Public Health Emergency Response Grant through the Ohio Department of Health

Project Management, Secondary Data, Data Collection, and Report Development
Healthy Communities Foundation
of the Hospital Council of Northwest Ohio
Britney L. Ward, MPH, Assistant Director of Health Planning
Margaret Wielinski, MPH, Health Improvement Data Specialist
Patrick Trejchel, MPH, Community Improvement & Preparedness Coordinator
Sandusky County Disaster Preparedness: Methods

Methods

Overview
This report provides an overview of disaster preparedness-related data for Sandusky County residents who participated in a county-wide survey during 2011. The findings are based on self-administered surveys using a structured questionnaire. The Sandusky County Health Department and the Hospital Council of Northwest Ohio collected the data, guided the health assessment process and integrated sources of primary and secondary data into the report.

Design
Sandusky County residents (n=117) participated in an online disaster preparedness survey using Survey Monkey. They were directed to take the survey by the Sandusky County Health Department website, and marketing at the Sandusky County Health Department. Emails were sent out to different organizations to disseminate.

Instrument Development
National surveys such as the CDC’s Behavioral Risk Surveillance System (BRFSS) and AT&T Disaster Preparedness Survey, along with local surveys such as the Maui Resident Survey on Disaster Preparedness and the Public Policy Institute of California Statewide Survey were used as a baseline for survey questions.

Limitations
The results of this survey cannot be generalized to the entire Sandusky County, as a random sampling method was not used. Having a moderate sample size (n=117) allows for inferences to be made regarding the data outcomes. However, if any important difference existed between the respondents and the non-respondents regarding the questions asked, this would represent a threat to external validity of the results.
Sandusky County Disaster Preparedness: Communication

Communication
♦ Sandusky County residents reported the following method or way of communicating with relatives and family in a large scale disaster or emergency: cell phone (88%), regular home phones (4%), email (4%), and two-way radios (2%).
♦ 3% reported they did not know how what would be their main method of communicating.
♦ Sandusky County residents reported the following ways of getting information from authorities in a large-scale disaster or emergency: television (50%), radio (25%), internet (11%), and neighbors (5%). 6% did not know how they would get information from authorities.
♦ Nearly half (49%) of residents who took the survey felt somewhat confident that they would figure out a way to communicate with friends or family in the event of a disaster, even if phone lines and e-mail may not be available.
♦ 65% of those who took the survey felt that having backup communications and tactics are very necessary in the event of an emergency or natural disaster.

Communications Supplies and Tactics That are Currently Used, Owned or Practiced

<table>
<thead>
<tr>
<th>Item</th>
<th>Agree</th>
<th>Disagree</th>
<th>Don’t know/ Not sure</th>
</tr>
</thead>
<tbody>
<tr>
<td>Phone numbers of all contacts</td>
<td>90%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>Car Charger for Cell Phone</td>
<td>75%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>E-mail address for contacts</td>
<td>61%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>Non-cordless phone in case electricity goes out</td>
<td>31%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>Instant message address for contacts</td>
<td>16%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>Plan to update voicemail of your status</td>
<td>12%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>A calling card</td>
<td>7%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>Don’t know</td>
<td>4%</td>
<td>0%</td>
<td>0%</td>
</tr>
<tr>
<td>Extra Cell Phone Battery</td>
<td>4%</td>
<td>0%</td>
<td>0%</td>
</tr>
</tbody>
</table>

You have practiced your emergency plan so that you will be ready to execute it when disaster strikes. 22% Agree 76% Disagree 3% Don’t know/ Not sure
You have identified shelters in your area where you can go should you be required to evacuate. 26% Agree 68% Disagree 6% Don’t know/ Not sure
You have an emergency plan in place that you can follow in the event you should need to evacuate your work, home or school. 36% Agree 61% Disagree 3% Don’t know/ Not sure
You are informed about the types of potential disasters that could affect your area, and the actions you should take for each of these during an emergency. 52% Agree 38% Disagree 9% Don’t know/ Not sure
Sandusky County Disaster Preparedness: Knowledge & Utilization

Knowledge and Utilization

♦ 58% of the Sandusky County residents who completed the survey thought that their household would be somewhat prepared to handle a large-scale disaster or emergency. 30% reported their household is not prepared at all.

♦ 79% of those who completed the survey reported they would evacuate if public authorities announced a mandatory evacuation. 17% reported they did not know or was not sure.

♦ The following reasons were reported for why they might not evacuate if asked to do so: concern about leaving property behind (27%), concern about family safety (20%), concern about leaving pets (13%), concern about personal safety (6%), concern about traffic jams and inability to get out (5%), lack of trust in public officials (4%), health problems (1%) and 8% reported other reasons.

♦ 48% of those who took the survey reported that one of their biggest barriers was they had little or no time to follow through with the emergency preparedness guidelines. 5% said they did not follow the guidelines because they did not think it would happen to them.

♦ 35% of those who took the survey reported that the reason why people may not follow the guidelines is because they do not have enough information to make a plan. 33% said that that the costs of advanced planning and keeping supply kids are too high.

♦ When asked what would be their first step to learn about preparedness planning for disasters, 43% said they would go to the website of a safety organization, 15% would use a search engine, 14% would talk to family and friends about their plans or knowledge, 7% would call an organization for information, and 4% would go to an organization to pick up a brochure. 11% stated that they probably would not take the time to do any of these things. 5% didn’t know what their first step would be.

♦ 55% of those who took the survey reported they only had some confidence in the state and local government in terms of their readiness to respond to disasters, such as a major tornado or flood in Sandusky County.

♦ 9% of those Sandusky County residents who took the survey indicated someone in their home had functional needs that would require additional assistance in the case of any emergency. The functional needs that were listed include the following:
  ○ Mobility impaired (3%)
  ○ Special dietary needs (3%)
  ○ Requires dialysis machine or other life-sustaining equipment (2%)
  ○ Hearing impaired (2%)
  ○ Access to transportation (2%)
  ○ Intellectually disabled (2%)

Preparing Your Pets for Emergencies

❖ Have a pet emergency supply kit with 3 days of food and water, medicine and medical records, first aid kits, collar with ID tag, harness or leash, crate or pet carrier and litter box or newspaper for sanitation.

❖ If you have to evacuate and it is practical, take your pets with you.

❖ Plan with neighbors, friends or relatives to make sure that someone is available to care for or evacuate your pets if you are unable to do so.

❖ Talk with veterinarian about emergency planning.

❖ Gather contact information for emergency animal treatment.

Recommended Items to Include in a Basic Emergency Supply Kit

- Water, one gallon of water per person per day for at least 3 days, for drinking and sanitation
- Food, at least a 3 day supply of non-perishable food
- Battery-power or hand crank radio and a NOAA Weather Radio with tone alert and extra batteries for both
- Flashlight and extra batteries
- First aid kit
- Whistle to signal for help
- Dust mask, to help filter contaminated air and plastic sheeting and duct tape to shelter-in-place
- Moist towelettes, garbage bags and plastic ties for personal sanitation
- Wrench or pliers to turn off utilities
- Can opener for food (if kit contains canned food)
- Local maps
- Cell phone with chargers

Additional Items to Consider Adding

- Prescription medications and glasses
- Infant formula and diapers (if necessary)
- Important family documents such as copies of insurance policies, identification and bank account records in a waterproof, portable container
- Cash or traveler’s checks
- Sleeping bag or warm blanket for each person
- Additional clothing including a long sleeved shirt, pants and sturdy shoes
- Household unscented chlorine bleach and medicine dropper
- Fire extinguisher
- Matches in a waterproof container
- Feminine supplies and personal hygiene items
- Mess kits, paper cups, plates and plastic utensils, paper towels
- Paper and pencil
- Books, games, puzzles or other activities for children

Sandusky County Disaster Preparedness: Hazards

Hazards
♦ 91% of the Sandusky County residents who took the survey were worried that high winds, tornadoes or storm damage may affect their family or property in the future.
♦ When asked what hazards the public needs to have more information about, the following were their responses: high winds, tornado, or storm damage (54%), flooding (46%), radiation (44%), blizzard (41%), ice storm (40%), fire (25%), radon (25%), earthquake (24%), highway/road flooding (20%), and drought (16%).
♦ In the event of a tornado, 78% would seek shelter in a basement. 23% would seek shelter in an interior room and 15% in a bathroom. 13% would go to a relative’s house during a tornado. 11% would find shelter in a crawl space and 11% would go to a neighbor’s house.

Natural Hazards that have Affected/Damaged Your Home or Property

<table>
<thead>
<tr>
<th>Natural Hazard</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fire</td>
<td>3%</td>
</tr>
<tr>
<td>Highway/road flooding</td>
<td>6%</td>
</tr>
<tr>
<td>Blizzard</td>
<td>20%</td>
</tr>
<tr>
<td>Ice Storm</td>
<td>23%</td>
</tr>
<tr>
<td>Flooding</td>
<td>26%</td>
</tr>
<tr>
<td>Drought</td>
<td>40%</td>
</tr>
<tr>
<td>High winds/tornado/storm damage</td>
<td>49%</td>
</tr>
</tbody>
</table>

Shelters for a Tornado Warning
♦ Storm cellars or basements work best
♦ If underground shelter is not possible or you are in a high-rise building, go into an interior room or hallway on lowest floor
♦ Stay away from windows, doors and outside walls.
♦ If shelter is not available, lie flat in a ditch or other low-lying area.
♦ Avoid vehicles, trailers, motor homes, under bridges or overpasses as they do not provide protection.


Tornado Facts and Safety Tips
♦ Peak tornado season for Ohio is generally April through July.
♦ The most violent tornadoes have wind speeds of 250 MPH or more.
♦ The Ohio Committee for Severe Weather Awareness encourages Ohioans to DUCK!
  ○ D – Go DOWN to the lowest level
  ○ U – Get UNDER something
  ○ C – COVER your head
  ○ K – Keep in shelter until the storm has passed

Flood Facts and Terms

- Flooding is the nation’s most common and costly natural disaster.
- A flash flood warning is issued when there is a short duration of intense rain or rapid flooding of counties, communities, streams or urban areas.
- A flood watch can be issued for the potential of rapid flooding from either torrential downpours, damn breaks or ice jam breaks. Watches can be issued up to 12 hours prior to flood event.
- Flood insurance is not covered by homeowner or renters insurance policies.
- According to the National Flood Insurance Program (NFIP), a home is 4 times more likely to be damaged by flooding than by fire during the course of a 30-year mortgage.

There were 117 individuals who completed the survey.
The average age of respondents of the Sandusky County Disaster Preparedness survey was 44.8 years old.
90% of respondents owned their own home.
Of those who took the survey, 89% live in a single-family house, 5% live in a condominium or townhouse, 4% live in an apartment, and 2% live in a manufactured or modular home.
91% of respondents were female.
43% of respondents had children in the household.

<table>
<thead>
<tr>
<th>Variable</th>
<th>2011 Survey Sample</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Race / Ethnicity</strong></td>
<td></td>
</tr>
<tr>
<td>White</td>
<td>95.8%</td>
</tr>
<tr>
<td>Black or African American</td>
<td>4.2%</td>
</tr>
<tr>
<td>American Indian and Alaska Native</td>
<td>4.2%</td>
</tr>
<tr>
<td>Asian</td>
<td>2.1%</td>
</tr>
<tr>
<td>Hispanic Origin (may be of any race)</td>
<td>4.3%</td>
</tr>
<tr>
<td><strong>Marital Status</strong></td>
<td></td>
</tr>
<tr>
<td>Married Couple</td>
<td>70.4%</td>
</tr>
<tr>
<td>Never been married/member of an unmarried couple</td>
<td>16.3%</td>
</tr>
<tr>
<td>Divorced/Separated</td>
<td>12.2%</td>
</tr>
<tr>
<td>Widowed</td>
<td>1.0%</td>
</tr>
<tr>
<td><strong>Education</strong></td>
<td></td>
</tr>
<tr>
<td>Less than High School Diploma</td>
<td>0%</td>
</tr>
<tr>
<td>High School Diploma</td>
<td>3.1%</td>
</tr>
<tr>
<td>Some college/ College graduate</td>
<td>96.9%</td>
</tr>
<tr>
<td><strong>Income</strong></td>
<td></td>
</tr>
<tr>
<td>$14,999 and less</td>
<td>1.2%</td>
</tr>
<tr>
<td>$15,000 to $24,999</td>
<td>7.0%</td>
</tr>
<tr>
<td>$25,000 to $49,999</td>
<td>26.7%</td>
</tr>
<tr>
<td>$50,000 to $74,999</td>
<td>25.6%</td>
</tr>
<tr>
<td>$75,000 or more</td>
<td>39.5%</td>
</tr>
</tbody>
</table>

* Race is greater than 100% due to participants checking more than one race.
<table>
<thead>
<tr>
<th>Source</th>
<th>Data Used</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ohio Committee for Severe Weather Awareness</td>
<td>♦ Tornado Facts and Safety Tips</td>
<td><a href="http://www.weathersafety.ohio.gov">www.weathersafety.ohio.gov</a></td>
</tr>
<tr>
<td>Ohio Department of Public Safety, ReadyOhio.</td>
<td>♦ Flood Facts and Terms</td>
<td><a href="http://publicsafety.ohio.gov/NPM/ReadyForAFlood.stm">http://publicsafety.ohio.gov/NPM/ReadyForAFlood.stm</a></td>
</tr>
<tr>
<td>Public Policy Institute of California Statewide Survey, March 2006</td>
<td>♦ Disaster preparedness questions</td>
<td><a href="http://www.ppic.org/content/pubs/jtf/JTF_DisasterPreparednessJTF.pdf">http://www.ppic.org/content/pubs/jtf/JTF_DisasterPreparednessJTF.pdf</a></td>
</tr>
</tbody>
</table>